

第1問 次の問い（問1～15）の[1]～[15]に入れるのに最も適当なものを、①～④のうちから一つ選びなさい。解答は[1]～[15]の該当欄にマークしなさい。

問1 [1] the students belong to clubs.

- ① Almost ② Almost all ③ Most ④ Most all

問2 The student was made [2] an additional assignment.

- ① to do ② do ③ done ④ doing

問3 [3] the festival will be held depends on the weather.

- ① However ② If ③ Whether ④ What

問4 My heart was filled [4] sadness.

- ① of ② to ③ with ④ in

問5 I want to make [5] of my English skills in the future.

- ① fun ② advantage ③ use ④ sense

問6 She was the only one [6] for the job.

- ① applied ② has applied ③ to apply ④ apply

問7 [7] that story before, I don't find it surprising.

- ① Having heard ② Been heard ③ To hear ④ Heard

問8 That tower is about [8] the Eiffel Tower.

- ① taller twice ② twice as tall as
③ as twice taller as ④ twice tall than

問9 This dictionary is [9] put in your pocket.

- ① enough small to ② so small that
③ small enough to ④ too small

問10 [10] it not been for his quick thinking, we might have missed the flight.

- ① Were ② Has ③ Did ④ Had

問11 The dog was so frightened that there was [11] it.

- ① not to calm ② no calm ③ no calming ④ not calming

問12 She usually studies [12] at the library.

- ① lonely ② alone ③ lonesome ④ single

問13 Many people think the French [13] stylish.

- ① are ② is ③ have ④ was

問14 The town [14] I lived in as a child has changed a lot.

- ① which ② where ③ what ④ whom

問15 When it comes to [15], he is very skilled.

- ① swims ② swim ③ swam ④ swimming

第2問 次の問い（A・B）に答えなさい。

A 次の問い（問1～4）の下線部の意味に最も近いものを、①～④のうちから一つ選びなさい。解答は[16]～[19]の該当欄にマークしなさい。

問1 He carried out the experiment exactly as planned. [16]

- ① canceled ② reported ③ performed ④ observed

問2 We have to stick to the rules. [17]

- ① follow ② change ③ remember ④ break

問3 The boy answered the teacher's question on the spot. [18]

- ① correctly ② gently ③ easily ④ immediately

問4 She turned down the invitation politely. [19]

- ① refused ② considered ③ accepted ④ offered

B 次の問い（問1～4）の[20]～[23]に入れるのに最も適当なものを、①～④のうちから一つ選びなさい。解答は[20]～[23]の該当欄にマークしなさい。

問1 [20] is someone who starts and runs their own business.

- ① A professor ② A journalist
③ A passenger ④ An entrepreneur

問2 To [21] means to make something better or more useful than before.

- ① impress ② improve ③ express ④ examine

問3 To [22] means to give something to someone for a short time and expect it back.

- ① lend ② borrow ③ send ④ sell

問4 [23] is a written or spoken explanation of what something is or what it means.

- ① An instruction ② An explosion
③ An opinion ④ A definition

第3問 次の問い（問1～3）の日本語の意味に合うように、①～⑤の各語をそれぞれ最も適当な順に並べかえて英文を完成させなさい。完成文の[24]～[29]に配置される語の番号を答えなさい。解答は[24]～[29]の該当欄にマークしなさい。なお、文頭にくる語も小文字にしてあります。

問1 彼は私が遅れたことに怒っていませんでした。

He wasn't () ([24]) () ([25]) ().

- ① being ② late ③ about
④ my ⑤ angry

問2 私は、寝る前に本を読むことにしている。

I make () ([26]) () ([27]) () before I go to bed.

- ① it ② read ③ to
④ a ⑤ rule

問3 何が起きても、彼らは諦めない。

() ([28]) () ([29]), () never give up.

- ① what ② happens ③ no
④ matter ⑤ they

第4問 次の「ロールモデルについて」の英文を読み、あとの問い（問1～8）に答えなさい。[1]～[10]は段落の番号です。解答は[30]～[37]の該当欄にマークしなさい。

[1] Who do you turn to when you have a problem or don't know how to do something? If you have someone to help you, you are lucky. If you have someone who takes a personal interest in helping you, you are luckier still. You have a role model.

[2] Just what is a role model? First, let's recognize what it is not. It is not necessarily the smartest, strongest, or most successful person you know—although it could be. A role model is a person who has the characteristics you want for yourself and who can help you develop those traits. In other words, a role model both embodies positive qualities and teaches others, directly or through example.

[3] For most of us, our parents are our first role models. From when we are young children, they help us learn how to interact with other people—how to share, how to ask for what we need, and how to disagree without hurting someone. They are inherently interested in us and want us to do well. Furthermore, our parents teach us how to be adults in our society. A mother demonstrates to her daughters how to be a daughter, a woman, a wife, and a mother. ①Lessons learned from our parents will stay with us throughout our lives.

[4] Other family members also serve as role models. Grandparents, uncles and aunts, cousins, and even *siblings can show us how to manage our daily lives. Other obvious candidates include teachers and community leaders.

[5] Sometimes we find role models in unexpected places. A family story

might inspire us to have the same generosity as our grandfather had. We might see a young child fall, pick herself up, fall again, and pick herself up again. Her resolve might inspire us to continue in our own struggles, just as she learns to stand, keep her balance, and take a step. We might even find a model within ourselves, remembering back to a time when we were brave, or imagining a different version of ourselves who has the quality we desire.

[6] Besides showing us how to do different things, a good role model also inspires us to pursue our dreams and achievements. A wise lawyer may inspire one person to study law, while a competent, compassionate physician may lead another person to the medical profession. Role models should empower others to become good parents, leaders, and members of society, and to internalize the qualities that they value. Therefore, role models must do the right thing, even when no one is watching, even when they won't be acknowledged for what they have done.

[7] It is easy to be a role model when everything is going well, but it is perhaps more important to be a role model when things go wrong. A role model can show us how to handle *adversity. For instance, we all make mistakes, but what do we do when we realize that we have made one? Do we try to hide it or pretend that it never happened? Are we inclined to look for someone to blame? Do we get angry?

[8] A role model can show us how to deal with mistakes. A parent or teacher can help us repair any damage that was done or *soothe any feelings that were hurt. He or she can listen to us, advise us on alternative courses of action, and support us as we *make amends. The example of a community leader might serve to guide us toward appropriate action, encouraging us to imagine what he would do in our circumstances.

[9] Other situations that we might find ourselves in include dealing with stress, illness, or other misfortunes. Confronting these *predicaments and overcoming them is made easier by the knowledge that people we admire and respect have faced similar conditions. Asking ourselves what they would do might help us be brave for a little while longer or figure out how to deal with life when we feel *constrained by difficulties.

[10] We need role models throughout our lives, and we only need to look around us to find someone who has experienced what we are going through, who has faced difficult decisions, or who has accomplished something we aspire to do. Sometimes ②we only have to look as far as the mirror to see a role model for our children, our neighbors, or even ourselves. Who is your role model? Maybe it is time to say thank you.

注) *sibling 兄弟姉妹 *adversity 逆境 *soothe なだめる

*make amends 償いをする *predicament 苦境

*constrained 制約されている

Debra Daise and Charl Norloff, *Q: Skills for Success Reading and Writing 4 Second Edition*, 2015

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問 1 第[1]段落の内容に一致するものを、次の①～④のうちから一つ選びなさい。解答は[30]の該当欄にマークしなさい。

- ① 自分の問題を自分ひとりで解決できる人はロールモデルの素質がある。
- ② ロールモデルは、自分に個人的興味を持ってくれる人の中にはいない。
- ③ 自分を助けてくれる人がいる場合、その人はロールモデルである可能性がある。
- ④ 問題が起きたとき、ひとりで考えるよりもロールモデルに頼るべきである。

問 2 第[2]段落で述べられているロールモデルの条件として正しいものを、次の①～④のうちから一つ選びなさい。解答は[31]の該当欄にマークしなさい。

- ① 他人より成功していて、強い性格を持っていること。
- ② 自分がなりたい特質を備え、それを学ばせてくれること。
- ③ 言葉よりも行動を見せることで他人を導くことができること。
- ④ 家族や友人など、できるだけ身近な存在であること。

問 3 第[3]段落の下線部(1)について、具体的に述べられているものはどれか。正しいものを、次の①～④のうちから一つ選びなさい。解答は[32]の該当欄にマークしなさい。

- ① 意見の違いを他人に上手に伝える方法。
- ② 他人に興味を持ってもらう方法。
- ③ 周りの大人に敬意を示すこと。
- ④ 社会の法律やルールを守ること。

問 4 第[5]段落で述べられているロールモデルが見つかる場面として正しいものを、次の①～④のうちから一つ選びなさい。解答は[33]の該当欄にマークしなさい。

- ① 偉業を成し遂げた先祖の話聞き、自分もそうなりたと思ったとき。
- ② 本を読んで成功者の人生を知り、夢を持つようになったとき。
- ③ 社会問題に立ち向かう勇気ある人々をテレビで見て感動したとき。
- ④ 何度転んでも立ち上がろうとする子どもの姿に勇気づけられたとき。

問 5 第[6]段落の内容に一致するものを、次の①～④のうちから一つ選びなさい。解答は[34]の該当欄にマークしなさい。

- ① 法学や医学を学ぶ人々は、よいロールモデルになる可能性が高い。
- ② ロールモデルは、正しい行動をする姿を他人に見せなければならない。
- ③ よいロールモデルは、夢や目標達成を後押ししてくれる存在である。
- ④ ロールモデルになるには、他人に行動を認めてもらう必要がある。

問 6 第[8]段落によると、我々が間違いを犯したときにロールモデルが果たす役割は何か。正しいものを、次の①～④のうちから一つ選びなさい。解答は[35]の該当欄にマークしなさい。

- ① 間違いを糾弾することで成長を促す。
- ② 問題から逃れる方法を教える。
- ③ その後の適切な行動と一緒に考えてくれる。
- ④ 間違いの責任を代わりに引き受ける。

問 7 第[9]段落の内容に一致するものを、次の①～④のうちから一つ選びなさい。解答は[36]の該当欄にマークしなさい。

- ① ロールモデルの存在は、ストレスや病気に対しては役に立たない。
- ② 同じ困難を乗り越えた人の姿から勇気をもらえる。
- ③ ストレスや病気といった困難は他人には理解されないものである。
- ④ ロールモデルの助けは短期的な効果しかない。

問 8 第[10]段落の下線部(2)が表す意味として正しいものを、次の①～④のうちから一つ選びなさい。解答は[37]の該当欄にマークしなさい。

- ① ロールモデルは日常生活の中で無意識に見つけているものだということ。
- ② 身近にいるロールモデルにはなかなか気づくことができないということ。
- ③ 実在しない人物がロールモデルになることもあるということ。
- ④ ロールモデルは身近にあり、自分自身がロールモデルになりうるということ。

第5問 次の英文（A～C）を読み、あとの問い（問1～6）に答えなさい。

解答は[38]～[43]の該当欄にマークしなさい。

A. Most people experience a sleepless night every now and then. But what if it keeps happening again and again? *Insomnia can mean trouble falling asleep or trouble staying asleep long enough. It's by far the most common sleep problem. In fact, about 30 percent of adults suffer from insomnia. Not getting enough sleep can make you feel tired and miserable. Moreover, it can prevent you from concentrating on your studies or your job.

Sleep is particularly important for young people. The bodies and brains of people in their teens and early 20s are still developing. Consequently, they need more sleep than older adults do—about nine hours on average. In contrast, older adults need seven to eight hours. And studies prove that most young adults don't get enough sleep. Sometimes it's because of their busy schedules, but often it's due to insomnia.

注) *insomnia 不眠症

Peggy Anderson and Thomas Hong, *Blueprint 5*, 2018



問1 本文の要旨として最も適するものを、次の①～④のうちから一つ選びなさい。解答は[38]の該当欄にマークしなさい。

- ① 不眠症は約30%の成人が経験している最も一般的な睡眠障害である。
- ② 20代前半の若者が必要とする睡眠時間は平均9時間である一方、それ以上の年齢の成人は7、8時間である。
- ③ 睡眠不足は倦怠感や気分の落ち込み、集中力の低下など、生活に様々な悪影響を及ぼす。
- ④ 入眠や睡眠維持を困難にする不眠症は、脳と体が成長途中の若者にとっては特に深刻な問題である。

問2 本文につける題名として最も適するものを、次の①～④のうちから一つ選びなさい。解答は[39]の該当欄にマークしなさい。

- ① Sleep and Brain Development in the Elderly
- ② Effects of Insomnia on Young Adults
- ③ The Dangers of Sleeping Too Much
- ④ How to Get Enough Sleep

B:

問題文・問題・解答につきましては、著作権の関係上、掲載しておりません。

C. The world's forests are disappearing due to deforestation. In fact, eighty percent of the world's natural forests have vanished. One problem is *slash-and-burn farming. This method of farming is sustainable only if the population density is very low. If the population density exceeds four people per square kilometer, farmers *deplete the nutrients in the soil and must cut down more of the forest to grow their crops. In addition, when the *foliage that once trapped the rainfall in the rainforest is gone, the cycle of *precipitation and *evaporation is disrupted. This may change land that was once tropical rainforest into a desert. Deforestation also worsens climate change because it increases the amount of CO₂ in the atmosphere. Finally, deforestation can lead to species extinction. The rainforests are home to over half of the world's species, many of which remain undiscovered.

注) *slash-and-burn farming 焼畑農業 *deplete ～を激減させる
*foliage 葉 *precipitation 降水 *evaporation 蒸発

Peggy Anderson and Sam Robinson, *Reading for the Real World 3 Fourth Edition*, 2022



問5 本文の要旨として最も適するものを、次の①～④のうちから一つ選びなさい。解答は[42]の該当欄にマークしなさい。

- ① 焼畑農業は、人口密度が高い地域では持続可能な農業ではない。
- ② 熱帯雨林には世界の半分以上の生物種が生息しているが、その多くは未発見である。
- ③ 森林破壊は、雨の循環を妨げ、熱帯雨林だった土地を砂漠化させうる。
- ④ 森林破壊は地球温暖化や砂漠化、さらには生物種の絶滅にもつながる深刻な問題である。

問6 本文につける題名として最も適するものを、次の①～④のうちから一つ選びなさい。解答は[43]の該当欄にマークしなさい。

- ① The Disappearing Forests and What It Means
- ② The Relationship between Soil and Population Density
- ③ The Unknown Species of the Rainforests
- ④ Why Slash-and-Burn Farming Works Well